

6 Key Infection Prevention Behaviors to Prevent the Spread of COVID-19

Physical Distancing

Remain at least 6 feet away from others when your mask is removed while eating or drinking.

WHY? When people are in close contact with each other (within 6 feet), the COVID-19 virus can spread from person to person, including vaccinated individuals via respiratory droplets when talking, laughing, coughing etc.

Symptom Screening and Isolation

Symptoms of COVID-19: loss of taste or smell, fever, diarrhea, sore throat, cough, muscle aches.

Self-monitor for symptoms daily. Immediately call the JHCCC (443-287-8500) if you develop any symptoms suggestive of COVID-19 or if a household contact tests positive for COVID-19. Report any positive COVID-19 test to Occupational Health.

WHY? You must be cleared by Occupational Health before returning to campus to prevent spreading the virus to others.

Appropriate Masking

JHM personnel are required to wear an appropriate face covering at all times while inside of the facility. Be sure to follow JHM masking guidelines by ensuring that your mask is form-fitting and covers your nose and mouth at all times. This protects yourself and others from getting the COVID-19 virus.

WHY? The COVID-19 virus can spread from person to person, including vaccinated individuals via respiratory droplets when talking, laughing, coughing etc.

Hand Hygiene

Be sure to wash your hands often, especially before touching eyes, nose or mouth; after touching items or surfaces frequently touched by other people; before and after touching your mask as well as before and after eating. Encourage patients and visitors to frequently clean their hands.

WHY? Hand hygiene is one of the most important ways to prevent the spread of COVID-19.

Cleaning & Disinfecting

Be sure to regularly clean and disinfect surfaces that people frequently touch or objects that are shared. This includes counters, door handles, elevator buttons, tabletops, etc. Use a hospital approved disinfectant wipe and follow the "wet-time" on the canister.

WHY? Proper cleaning and disinfection of frequently touched surfaces reduces the virus on surfaces and prevents the spread of COVID-19.

Get Vaccinated

As of October 1, 2021, COVID-19 vaccination is a condition of employment at JHM. This requirement is set in an effort to protect our staff and our patients.

WHY? Vaccination is the best way we currently have to prevent transmission of COVID-19. Vaccines reduce your risk of getting COVID-19 and help protect from serious illness, hospitalization and death for those do contract the virus.

Last Updated: November 15, 2021